

### **From the Editors**

Dear Readers,

Many of us, dying because of the June heat, are already thinking about their holidays, dreaming of mountain hiking, coastal beaches, exploring fascinating places. Perhaps we are dreaming of relaxing on a sun lounger, with a cold drink in one hand and a book in the other... Wait a minute, with a book? Or perhaps with *Psychiatria Polska*! Its attractive content is provided by our magnificent Authors and Reviewers with the help of the Editorial Board, which has recently acquired new thematic editors: Mateusz Łuc from the Department of Psychiatry in Wrocław as well as Aleksandra Gorostowicz and Bartłomiej Taurogiński from the Department of Psychiatry in Kraków. We hope that involving more people will allow more efficient editorial proceeding of articles from submission to publication.

Meanwhile, we are pleased to inform the Readers and Authors about a steady increase of citation impact of our journal – the latest JIF in this year's Journal Citation Reports, published by Clarivate Analytics, is **1.311**.

The editors also decided to introduce the requirement for at least one of the Authors of the article submitted in the editorial system to submit their ORCID identifier number to facilitate the identification of researchers in international scientific literature. We also declare compliance of the principles used by the Editorial Board and the Publisher with the international standards of publication ethics of the Committee on Publication Ethics (COPE) and we encourage everyone to read them (more information: <https://publicationethics.org>).

These are not all changes. The Management Board of the PPA accepted the resignation of prof. Andrzej Zięba from the Editorial and Publishing Committee, appointing mgr Katarzyna Klasa – Managing Editor of *Psychiatria Polska* – in his place. We would like to thank to Professor Zięba for many years of commitment to work of the Editorial and Publishing Committee, and we wish our Colleague, K.Klasa, satisfaction with new tasks.

The current issue of the journal opens with the Recommendations of the Polish Psychiatric Association for treatment of schizophrenia with negative symptoms. By preparing further Recommendations the PPA (in the previous issue we published Recommendations for treatment of affective disorders in women of childbearing age [1–3], works on further Recommendations are under way) tries to meet the expectations of Fellow psychiatrists. We hope that it will be practical help in everyday clinical work.

The Colleagues from Poznań focused on the assessment of negative symptoms of schizophrenia, presenting the Polish versions of the Brief Negative Symptom Scale and the Self-evaluation of Negative Symptoms. The team from Poznań previously published an interesting article on the clinical picture, pathogenesis and psychometric assessment of negative symptoms of schizophrenia [4]. This issue is extremely important because it brings about significant therapeutic problems and consequences for the patient. The consequences

for life and social functioning occupy a special place, which may be caused by deficits in the theory of mind [5]. There is still a lack of drugs with proven effectiveness in this area, with cariprazine, which is still hardly available to Polish patients, being one of the few. This problem has already been mentioned in *Psychiatria Polska* [6]. An important aspect of the management of patients with schizophrenia is proper nutrition. It is of great importance in the prevention of many somatic diseases. These issues are addressed by a team of Colleagues from Białystok, whose work we had the opportunity to read previously [7].

Reading the current issue, it is worth to take a closer look at the European study on the factors influencing the length of stay in forensic psychiatric facilities. It is impossible not to refer to the problems of financing Polish forensic psychiatry, which was discussed by Heitzman and Markiewicz [8].

We also encourage you to read articles on affective disorders or problems associated with *Borrelia burgdorferi* infection.

These issues do not exhaust the content of the current issue of *Psychiatria Polska*, which you will find out during interesting and – hopefully – pleasant reading.

**Dominika Dudek – Redaktor Naczelna**  
**Jerzy A. Sobański – zastępca Redaktor Naczelnej**  
**Katarzyna Klasa – Sekretarz Redakcji**

## References

1. Samochowiec J, Rybakowski J, Gałecki P, Szulc A, Rymaszewska J, Cudała WJ, Dudek D. *Recommendations of the Polish Psychiatric Association for treatment of affective disorders in women of childbearing age. Part I: Treatment of depression.* *Psychiatr. Pol.* 2019; 53(2): 245–262.
2. Rybakowski J, Cudała WJ, Gałecki P, Rymaszewska J, Samochowiec J, Szulc A, Dudek D. *Recommendations of the Polish Psychiatric Association regarding the treatment of affective disorders in women of childbearing age. Part II: Bipolar disorder.* *Psychiatr. Pol.* 2019; 53(2): 263–276.
3. Rymaszewska J, Szcześniak D, Cudała WJ, Gałecki P, Rybakowski J, Samochowiec J, Szulc A, Dudek D. *Recommendations of the Polish Psychiatric Association for treatment of affective disorders in women of childbearing age. Part III: Approach to pregnancy loss and unsuccessful in vitro treatment of infertility.* *Psychiatr. Pol.* 2019; 53(2): 277–292.
4. Wójciak P, Rybakowski J. *Clinical picture, pathogenesis and psychometric assessment of negative symptoms of schizophrenia.* *Psychiatr. Pol.* 2018; 52(2): 185–197.
5. Andrzejewska M, Wójciak P, Domowicz K, Rybakowski J. *Emotion recognition and theory of mind in chronic schizophrenia: association with negative symptoms.* *Archives of Psychiatry and Psychotherapy*, 2017; 4: 7–12.
6. Misiak B, Bieńkowski P, Samochowiec J. *Cariprazine – a novel antipsychotic drug and its place in the treatment of schizophrenia.* *Psychiatr. Pol.* 2018; 52(6): 971–981.
7. Stefańska E, Lech M, Wendolowicz A, Konarzewska B, Waszkiewicz N, Ostrowska L. *Eating habits and nutritional status of patients with affective disorders and schizophrenia.* *Psychiatr. Pol.* 2017; 51(6): 1107–1120.
8. Heitzman J, Markiewicz I. *Financing of forensic psychiatry in view of treatment quality and threat to public safety.* *Psychiatr. Pol.* 2017; 51(4): 599–608