

From the Editors

When we start a new year, we think about what has changed, what has been achieved or improved, but also about unresolved issues that require further work and effort, and arouse various emotions. In the area of factors affecting mental health and well-being, what has not changed is the ongoing war in Ukraine, which overlaps with the post COVID-19 pandemic situation.

In this issue you will find, among others: two works relating to the pandemic period: one on the mental health of Ukrainian students and an extremely interesting work on the importance of empathy and cognitive processing of trauma in the mechanisms of secondary traumatic stress. Interested Readers may refer to previous reports in this field, e.g., [1–5].

What is changing, but still not fast enough, is the search for effective cancer treatment methods. The role of psychological factors in the treatment and improvement of the quality of life of oncological patients is obvious, and in the current issue of *Psychiatria Polska*, Gibek et al. point out the issue of anxiety symptoms occurring during the treatment of patients with myeloid leukemia. Last year, however, brought favorable changes that could have a positive impact on the situation of diabetic patients in our country, i.e., the establishment of the Psychodiabetology Section in the Polish Diabetes Association. Readers interested in helping this group of patients will undoubtedly find many important tips in the article by Gondek et al., also referring to anxiety disorders, this time as predictors of suicide among patients with type 2 diabetes in six European countries. We also remind you of other important works relating to the issues of mental health of people with diabetes [6–9].

These are just some of the topics featured in this year's first issue. We hope that you will enjoy reading it,

Dominika Dudek, Jerzy A. Sobański, Katarzyna Klasa

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